

## PANORAMIC PERU 2017

Ability Level: Beginner / Duration: 10 days / 9 nights

*Travel* VISION  
CAPTURE YOUR PASSION™



# Panoramic Peru

A sensory exploration of the ancient cultures, award-winning cuisine and iconic landscapes of one of the world's most beloved destinations

Guides:

Ossian Lindholm, Lauren Hefferon

Activities:

photography, hiking, archeology, stargazing, culinary, cultural adventures, culinary walks

### ITINERARY OUTLINE

**Trip Essence** / Page 2

**Trip Introduction** / Page 3

**Daily Itinerary** / Page 4-7

**Photography Guide** / Page 8

**Arrival & Departure** / Page 9

**Trip Extension** / Page 10

**Terms & Conditions** / Page 11

### TRIP CONTACT

**Lauren Hefferon**

617-640-4837

[Lauren@ciclismoclassico.com](mailto:Lauren@ciclismoclassico.com)

## PANORAMIC PERU 2017

Ability Level: Beginner / Duration: 10 days / 9 nights

## TRIP ESSENCE

- A diversity of cultural experiences that allow for a deeper understanding and visual experience of the Peruvian culture
- A daily gastronomic exploration of the best Peruvian specialties such as: cuy, ceviche, choclo con queso, humitas, Pachamanca, Lomo and so many more!
- Three days in Cuzco, the Imperial City of the Incas
- Three nights in the history and culture rich Sacred Valley
- Traditional lunch with a local weaving community
- Visits to key archaeological sites in the Sacred Valley
- Inca Trail Hike
- Guided Visit to Machu Picchu
- Natural history walks to learn about the native orchids and birds of Machu Picchu
- Visits to the beautiful market villages of Chinchero, Pisac, Ollantaytambo and Moray.
- Daily photographic hands-on instruction by Ossian Lindholm

---

## WHAT'S INCLUDED

- All accommodations
- Expert local guides at all the main sites described in the itinerary
- All breakfasts, 6 lunches and 8 dinners
- Day activities at The Piuray Outdoor Center
- Entrance fees to museums and archaeological sites
- Shuttle to the start and at the end of the tour

## TRIP DETAILS

### 2017 Trip Dates

- Apr 23 - May 2
- Nov 11 - Nov 20

Check website for departure dates

### Ability Level

- Beginner

### Trip Price

- \$5,700
- Single Supplement: \$800

### Trip Extension Prices

- 2 people \$1345 per person
- 3-4 people \$1000 per person
- 5-10 people \$800 per person
- Single Supplement: \$200

## EQUIPMENT

### For Hikes

- Robust walking shoes (with rubber soles)
- Outdoor clothing suitable for both cool mountain and tropical climates
- Lightweight outdoor activity gear
- Rain protection gear
- Sun protection and insect repellent

### For Photography

- Body SLR or compact digital camera
- Wide-angle lens
- Laptop (for selecting images)
- Tripod

## TRIP INTRODUCTION

A sensory exploration of the ancient villages, cultures and award-winning cuisine of Peru

Our Peru photography tour offers a sensory immersion into three of the most stunning and culturally intriguing destinations in South America—Cusco, the Imperial City of the Incas, the pristine and awe-inspiring landscapes and villages of the Sacred Valley and finally the majestic Machu Picchu, one of the most coveted and beloved places in the world. For lovers of landscapes, colorful cultures and extraordinary culinary experiences, this tour has it all!

Despite its touristic popularity, Peru retains a mystical quality that is so rarely found in our modern world. The remnants of the ancient Inca culture can be seen in the beautiful faces of the indigenous people and heard in the Quechua language that is still widely spoken. The symbolism found on their pottery and exquisite weaving speaks a beautiful language all its own.

Long before the Europeans arrived here, the Incas had established a great civilization in the Sacred Valley. We will experience many facets of this fascinating ancient world—the ancient ruins of Pisac, Ollantaytambo, Moray and Machu Picchu and the many traditions of the Incas hard-working descendants.

We will stay in delightful accommodations close to the key archeology sites and villages in order to photograph in the best early morning and late afternoon light.

By experiencing the pueblos on market days you will enjoy an abundance of photo opportunities of the modern day Inca and their traditions.

Our ten-day Panoramic Peru foodie and photo immersion tour begins in Cusco, often referred to as the Archaeological Capital of the Americas. We spend two days strolling this colonial city built on Incan walls—its markets, charming neighborhoods and abundant high-end craft shops. From Cusco we travel to our base in Urubamba in the lovely Sacred Valley, a very fertile agricultural area that allowed the Andean civilizations to produce the food they needed to flourish and grow. During our time here we'll visit the highly photogenic villages and archaeological sites of Chinchero, Pisac, Salinas, Moray and Ollantaytambo and capture their essence with the best light.

The grand finale of our photo tour is the UNESCO World site Machu Picchu, located in the middle of a tropical mountain forest. Set in an extraordinarily beautiful setting, it was the most amazing urban creation of the Inca Empire. You will be in awe as you photograph its giant walls, terraces and ramps that seem to have been cut naturally in the continuous rock escarpments. A special treat is our two-night stay at the luxury Inkaterra hotel where you can enjoy the spa, nature trails and delicious gourmet cuisine. We end our journey with a return to Cusco for one last free to day to roam, graze, shop and prepare photos for our final Peruvian fiesta!

At every turn unique shots and wondrous spectacles present a rich tapestry for photographers of all skill levels Our expert photographic guides are on hand to offer advice and tips to make the most of this visually diverse of countries.

Feel free to reach out to our director, Lauren Hefferon at 617-640-4837 or [lauren@ciclismoclassico.com](mailto:lauren@ciclismoclassico.com) for more information. A long-time amateur photographer, she has created, scouted and will be co-guiding all departures of this exclusive photo adventure.



## DAY 1

### EVENING ARRIVAL LIMA

**Hotel** - Wyndham Costa del Sol

- Location: Lima
- Duration: 1 Night
- [www.wyndham.com/hotels/peru/lima/wyndham-costa-del-sol-lima-airport/hotel-overview](http://www.wyndham.com/hotels/peru/lima/wyndham-costa-del-sol-lima-airport/hotel-overview)

### Highlights

Your international flight arrives in the evening so we'll stay at airport hotel to get a good night's sleep and be ready for tomorrow morning's departure to Cusco. We have an dinner orientation meeting to learn about the exciting days ahead and to answer all of your questions.

The Wyndham Costa del Sol is the premier upscale international hotel in Lima. It's very close to the airport to welcome you to your Peruvian adventure.

---

## DAY 2

### CUSCO

**Hotel** - Quinta San Blas by Ananay Hotels

- Location: Cusco
- Duration: 2 Nights
- [www.ananay-hotels.com/quinta-san-blas](http://www.ananay-hotels.com/quinta-san-blas)

### Highlights

We'll catch our early morning flight to the beautiful city of Cusco. We start with a fabulous foodie tour to the market and around the city to sample and photograph the textures, and colors of the myriad of local specialties. After lunch we'll go on a tour of this colonial gem, strolling through the Plaza de Armas and along Cusco's charming stone streets. We'll see first-hand many of the walls built by the Incas which now form the foundations of colonial buildings built by the Spaniards. We'll catch the last golden light on the Cathedral and other buildings in the Plaza de Armas. A delicious dinner of local specialties awaits.

The hotel is located in the San Blas neighborhood of Cusco, one of Cusco's oldest but is now known as the bohemian neighborhood. The house has been renovated into a boutique hotel with modern amenities.

---

## DAY 3

### CUSCO

**Hotel** - See Day 2

### Highlights

Today, we have the whole day in and around Cusco. In the morning we'll go on a walking tour with our guide visiting Koricancha, which was the center of the Incan Empire. We'll continue to the charming artisan community of San Blas, before returning to the Plaza de Armas. After some free time after lunch we'll visit the impressive Inca ruins site of Sacsayhuaman to capture the last light as it plays back down on the ancient Inca stones. On our way back down to Cuzco, we'll stop to take photos of the city as the lights twinkle at twilight. At dinner we'll sample a variety of Peruvian cuisine and watch a traditional music and dancing demonstration. A final night is spent in Cusco.

## DAY 4

### CUSCO - PISAC - AMARU COMMUNITY

**Hotel** - Sonesta Posadas Del Inca

- Location: Yucay
- Duration: 3 Nights
- [www.sonesta.com/sacredvalley/](http://www.sonesta.com/sacredvalley/)

## Highlights

In the early morning we leave Cusco and head to Pisac, taking the scenic back-road to the mountain community of Amaru. We are greeted with a warm welcome by the Amaru weavers who have formed the Laraypas Indígenas de Amaru weaving cooperative. We learn about their weaving traditions and hear of the efforts to keep traditional ways thriving. We then go into the fields to learn about their ancestral agricultural traditions. You'll try some daily farming tasks and weaving techniques that have changed little in millennia.

First up will be foraging for plants needed to dye the natural fibers. You'll then watch the women of the community demonstrate ancestral weaving techniques that have been carried down the generations. You'll discover the medicinal and culinary properties of many of local plants, before we finish with a delicious lunch of traditional Amaru dishes.

After lunch, we'll take a walk through the countryside to enjoy the splendid views of the agricultural terraces of the Sacred Valley. There will be potential for some excellent landscape photos before arriving in Pisac. Its picturesque market provides wonderful swathes of color and texture, with scores of stands that sell all kinds of local produce and crafts. Time to relax at our base for three nights—the lovely Sonesta Posada Yucay, occupying a former monastery and perfectly located in the heart of the Sacred Valley.

Sonesta Posadas del Inca is located in the town of Yucay on the Urubamba River. Built as a monastery in the 18th century, the property has since been renovated to contemporary standards. A beautiful garden surrounds the hotel and is there to greet you upon arrival.

---

## DAY 5

### PIURAY OUTDOOR CENTER CHINCHERO

**Hotel** - See Day 4

## Highlights

We have an early morning visit to Chinchero, home to one the best Andean textile markets. This is the perfect location to enjoy the morning light casting its glow on the picturesque churches, narrow streets and the ancient Inca walls. We'll photograph the smiling market women wearing their colorful traditional dress. After we drive to Lake Piuray and enjoy a photo walk along its peaceful shores before a traditional picnic at the Piuray Outdoor Center. Here a pachamanca meal, cooked the ancient Inca way with hot stones, will be waiting. As well as enjoying the fabulous flavors of slow-baked lamb, chicken, potatoes, and green lima beans, you'll learn how to recreate a pachamanca at home.

## DAY 6

### Highlights

#### OLLANTAYTAMBO

**Hotel** - See Day 4

In the early morning we'll explore the Inca ruins at Ollantaytambo. From the ruins, we have a view of the village of Ollantaytambo, as well as the Urubamba Valley, with the snow-capped Andes rising in the background. We'll explore Ollantaytambo which is the best surviving example of Inca city planning with narrow cobblestone streets that have been constantly inhabited since the 13th century. The traditional villagers still utilize the Inca-built irrigation canals that run through the town. After lunch we drive to visit the archaeological site of Moray and the village of Maras and finally Salinas, where thousands of salt pans have been used for salt extraction since Inca times. We'll capture the stunning views of the valley at sunset and practice some night photography after a tasty pisco sour and more savory Peruvian specialties.

## DAY 7

### Highlights

#### MACHU PICCHU

**Hotel** - Inkaterra Machu Picchu Pueblo Hotel

- Location: Machu Picchu
- Duration: 2 Nights
- [www.inkaterra.com/inkaterra/inkaterra-machu-picchu-pueblo-hotel](http://www.inkaterra.com/inkaterra/inkaterra-machu-picchu-pueblo-hotel)

Today is one you'll never forget! We take the luxurious Machu Picchu train to kilometer 104 to hike the last section of the famous Inca Trail to Machu Picchu. This spectacular trail passes through several types of Andean environments including cloud forests and alpine tundra. Settlements, tunnels, and many Incan ruins are located along the trail before ending at the Sun Gate. From here, the curtain rises for the star of our show—the iconic and timeless Machu Picchu. By late afternoon the crowds have gone home and we can fully enjoy and photograph the play of golden light on one of the earth's finest masterpieces. After a full day of sensory delights, we completely relax at the four-star Inkaterra Hotel nestled in a lush cloud forest.

The Inkaterra Machu Picchu Pueblo Hotel consists of 81 adobe casitas in the Andean cloud forest. It's one of National Geographic's Unique Lodges of the world. The 12 acre property features 214 bird species and 372 orchid species, the world's largest native orchid collection.



## DAY 8

### MACHU PICCHU

**Hotel** - See Day 7

### Highlights

We'll rise early to see the amazing sight of sunrise over Machu Picchu, revealing a jagged landscape bathed in bright sunlight and cloaked in deep shadows. There will be the option of a hike to the Huayna Picchu offering superb shots of Machu Picchu in its mountainous surroundings.

Here, your expert guide will take you through every part of this spectacular hidden fortress. You'll also learn about its history from its construction in 1450 at the height of the Inca empire, to its "discovery" four-centuries later by Hiram Bingham.

The astonishing views provide unparalleled opportunities for the most dramatic landscape shots, while its archaeological treasures tell the story of a civilization of astonishing grace and culture. We'll have a chance to explore the city themselves, taking full advantage of its photogenic richness. Lunch will be back down in the village, and there will then be a free afternoon for further exploring.

In the afternoon, back at Inkaterra you have a choice between an afternoon at the spa or a walk in the jungle to pick leaves and make tea from their tea garden, observe orchids and learn about their fascinating Spectacle Bear re-entry project.

---

## DAY 9

### MACHU PICCHU

**Hotel** - Quinta San Blas by Ananay Hotels

- Location: Cusco
- Duration: 2 Nights
- [www.ananay-hotels.com/quinta-san-blas](http://www.ananay-hotels.com/quinta-san-blas)

### Highlights

Amazing sight of sunrise over Machu Picchu, revealing a jagged landscape bathed in bright sunlight and cloaked in deep shadows. There will be the option of a hike to the Huayna Picchu (the very top of the Inca Citadel mountain). This lets you see the citadel from a very different perspective, and provides for superb shots of Machu Picchu in its mountainous surrounds. Otherwise, we will plan for a shorter hike to the Inti Punku, known as the Sun Gate. This allows for some of the most iconic photographic framing of the Inca citadel. In the afternoon we will return to Aguas Calientes, for our train back to Ollantaytambo, before heading back to Cusco City. We will spend our last night in the Quinta San Blas.

---

## DAY 10

### ADIOS! OR ENJOY OUR LAKE TITICACA EXTENSION

**For Extension Details** - See Page 10

### Highlights

Adios y buen viaje! We will take you on the last leg of your Panoramic Peru experience from the hotel to Cusco Airport for your flight back to Lima—You may opt for our extension in Lima or our three-day photo excursion to Puno and Lago Titicaca.

## MEET YOUR PHOTOGRAPHY GUIDES

**Ossian Lindholm** is a renowned nature photographer from Tucuman, Argentina. Trained as an Agronomist, many years ago he turned his deep passion for nature to photography. In his work as a photographer, teacher and documentary filmmaker, he is dedicated to capturing, preserving, conserving, sharing and sustaining the landscape, nature and culture of Argentina in its most pristine state.

Ossian has published five books, 14 calendars and he teaches photography courses throughout the year. Since 1998 he has been leading groups of photographers and naturalists on photographic journeys throughout his native Argentina.

For the past four years has been the host of a very popular weekly nature TV documentary called Travesia Fotograficas. In each show He hopes to educate and inspire people to love, protect and keep sacred the places where they live using images, words and music to touch peoples' emotional core.

During his early years he loved reading National Geographic Magazine; it had a profound impact on him. It was his first inspiration and he became continually drawn by nature photography. He went to college to pursue a career in agricultural engineering and here he began to develop a strong connection with the biological sciences that continues to be a strong influence in all his work. After obtaining his degree he worked for many years as a scientist but in 1998 he decided to dedicate himself to nature photography.

At this time he began working as a photography and nature guide which allowed him to travel around Argentina and connect with other photographers and biologists in the world.



After graduating in anthropology from Cornell University, **Lauren Hefferon** studied fine arts in Florence and cycled over 35,000 miles throughout Europe. She founded Ciclismo Classico in 1988 and drives all visionary aspects of the company, from itinerary design and tour leader training to marketing and company strategy.

Her latest creation, Travel Vision Journeys was born from her love of photography and insatiable curiosity to find the most authentic cultural experiences as well as the most gorgeous views has served her well in designing exclusive learning experiences for the adventurous traveler.

Lauren is considered a pioneer in adventure and educational travel and has been an advisor to the Adventure Travel World Summit, a panelist at the annual National Bike Summit Panel on Tourism, and founded the annual Ciclismo Classico Bike Travel Film Festival.



Under Hefferon's leadership, Ciclismo Classico and Travel Vision Journeys has blossomed into one of the top companies in the adventure travel industry, garnering awards from Outside magazine and National Geographic Traveler, and being named one of Boston's top 100 woman-Led businesses three years running.

Hefferon has been profiled by Entrepreneur magazine, and her tours have been featured in an array of media outlets, ranging from USA Today and The Wall Street Journal, to Bicycling, CNN.com and Forbes.

As a specialized boutique bicycle tour operator since 1988, her companies provide the most authentic, unique and exciting vacations in the adventure travel industry. Her award-winning educational trips in Europe, South America, New Zealand, Asia and New England are active immersions into local art, language, music, folklore and delicious cuisine.

## PANORAMIC PERU 2017

Ability Level: Beginner / Duration: 10 days / 9 nights

*Travel* VISION  
CAPTURE YOUR PASSION™

# ARRIVAL & DEPARTURE

## GETTING TO LIMA

Fly to Jorge Chavez Airport (LIM) to meet our group shuttle\* on day 1 to the first hotel in Lima.

\* Please inform the office if you plan on taking this scheduled group shuttle at least one month in advance via this form: [www.ciclismoclassico.com/travel-plans](http://www.ciclismoclassico.com/travel-plans)

## DEPARTING FROM CUSCO

This morning after breakfast we shuttle you to Cusco Airport (CUZ) for your flight back to Lima—or any other destination of your choice.

## OTHER INFORMATION

### For Flight Reservations

**Valerie Wilson Travel**

Call: 1-855-780-2022 or

E-mail: [ciclismoair@vwti.com](mailto:ciclismoair@vwti.com)

### Travel Insurance

**MH Ross**

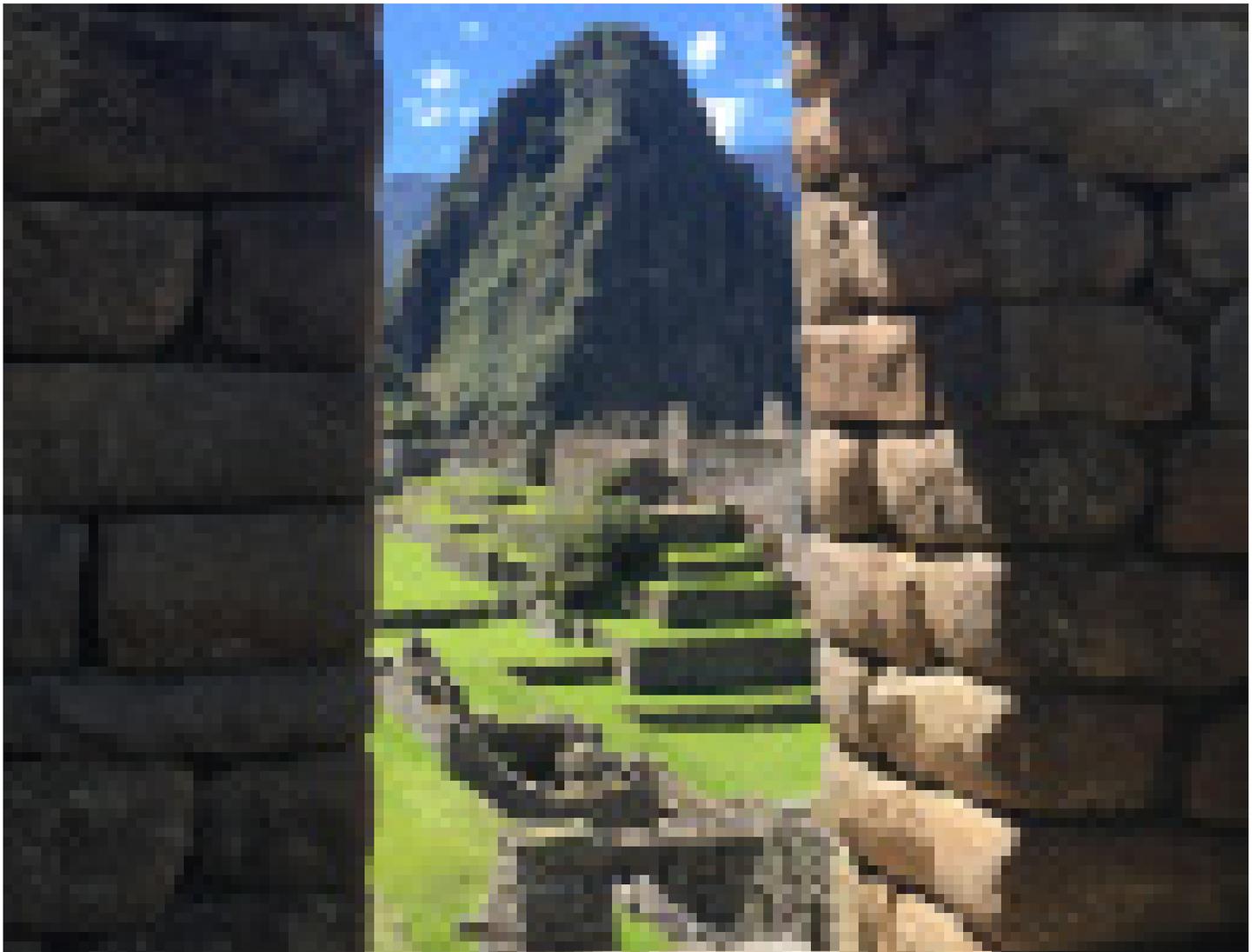
Call: 1-800-423-3632

[http://bit.ly/MHRoss\\_Insurance](http://bit.ly/MHRoss_Insurance)

### Transportation

**Rome2rio**

<http://www.rome2rio.com>



# PANORAMIC PERU EXTENSION:

## LAKE TITICACA & THE FLOATING ISLANDS

Includes all ground transport including private bus from Cuzco to Puno, flight Juliaca – Lima, 2 nights, lakefront hotel accommodations with private dock. Fast boat to give us more time visiting the islands on Lake Titicaca, entrance fees, guides, all meals.

### DAY 10

#### LAKE TITICACA

**Hotel** - La Hacienda Puno

- Location: Puno
- Duration: 2 Nights
- [www.haciendapuno.com](http://www.haciendapuno.com)

### Highlights

In the morning we'll depart for the beautiful drive to Lake Titicaca from Cuzco, making several stops along the way..

We'll visit Andahuaylillas, a village with one of the most beautiful churches in the Andes. Continuing on the drive we'll make other stops where we'll have the opportunity to photograph pre-Inca and Inca sites. llamas and alpacas, and the incredible vistas of the Altiplano with the peaks of the Andes towering in the background. We'll arrive at our hotel in Puno at the end of the day. Overnight La Hacienda Puno

### DAY 11

#### ISLA DEL SOL

**Hotel** - See Day 10

### Highlights

We'll spend the whole day visiting the islands on Lake Titicaca. Lake Titicaca is a beautiful and much-venerated sacred lake that lies on the border between Peru and Bolivia, near Copacabana. According to Incan mythology, it was from Lake Titicaca that the creator god Viracoca rose up to create the sun, moon, stars, and first human beings. Recently, a large temple was discovered submerged in the lake, adding to its mystery and fascination.

In addition to Lake Titicaca itself, several of the 41 islands in the lake are regarded as sacred. Especially important is the Isla del Sol (Island of the Sun), located on the Bolivia side near Copacabana. The largest of all the lake islands (but still only 5.5 by 3.75 miles in size) , Isla del Sol was regarded as the home of the supreme Inca god Inti. We'll spend the day visiting many of these islands such as the Floating Islands of the Uros people, unique islands made of the buoyant totora reeds that grow abundantly in the shallows of the lake. These reeds are also used to build the Uros' boats, homes, and many of their crafts. We then go to Taquile, where the inhabitants maintain a very traditional lifestyle. We'll arrive back in Puno near the end of the day. Overnight in Puno

### DAY 12

#### ADIOS!

### Highlights

Adios y buen viaje! We'll have a relaxing morning at our lakefront hotel before being transported to the airport in Juliaca for our flight to Lima. We'll arrive in the afternoon and have the option for a day-use hotel room before catching your international flights out that night.

# INSURANCE, TERMS & CONDITIONS

## Insurance

Ciclismo Classico will not assume responsibility or liability for any loss or damage of personal effects or for any injury or loss during the duration of the tour. Therefore, we highly recommend that you obtain travel insurance. Information on travel insurance will be sent to you via email once trip deposit is received. We recommend MH Ross, but travelers may choose the insurance carrier of their choice.

## Cancellations and Refunds

All requests for refunds must be submitted in writing as soon as possible to Ciclismo Classico. Exceptions to their cancellation policy cannot be made for any reason, including weather or personal emergencies. There is no refund for unexpectedly leaving a trip early or arriving late. The purchase of short-term travel insurance policy is strongly recommended. Cancellation fees are determined as followed:

### Days before departure – Cancellation fee

**91+ days** - 50% of the deposit\*

**61-90 days** - 30% of the trip price

**31-60 days** - 60% of the trip price

**31-44 days** - 100% of the trip price

\*You may transfer your trip deposit to another departure in the same tour season up to 90 days before your original departure with payment of a \$100 per person transfer fee. Prices quoted are subject to adjustment without prior notification. OR your deposit (\$600) may be rolled over to the following year as a credit towards the final balance of a tour. At the time of booking, we will ask for another \$600 deposit to secure your spot.

## Alterations to the tour itinerary

Sometimes modifications may be made to the itinerary. We will notify you of any changes that may affect your arrival, departure or lodging. Any changes to the program are made in the best interest and safety of the group.

To review our policies, please visit <http://www.ciclismoclassico.com/plan-your-trip/policies/>

.....

# RESERVE YOUR SPACE!

To reserve a space, call Ciclismo Classico at **800-866-7314** or Lauren Hefferon at **617-640-4837**. You may also mail your deposit and contact information to:

**Ciclismo Classico**  
**attn: Rosa**  
**30 Marathon St**  
**Arlington, MA 02474**

At the time of registration, a deposit of \$600 per person is due, payable by Visa, MasterCard, American Express or check, made payable to **Ciclismo Classico**, along with your full name, mailing address, phone number(s) and email address. We cannot confirm reservations without a deposit. Final payment is due 90 days before departure payable by check, credit card, wire transfer or money order. All travelers must review and sign a terms and conditions statement and a waiver form.